



KENDAL MOUNTAIN FESTIVAL

14 - 17 NOVEMBER 2019

**THE FAMILY
PROGRAMME**



SHARE THE ADVENTURE

WELCOME

TO A WORLD OF ADVENTURE!

Kendal Mountain Festival's vision is; to inspire more people to explore and enjoy the outdoors; something we feel strongly starts with the youngest members of our community.

We are delighted that we continue to offer a programme of events for families and young people to enjoy – many of which are free! From adventure films to children's authors to drawing classes to 'Science in Adventure' shows, there is plenty to inspire our youngest audience.

We hope you feel as excited as us about what is on our doorstep, and bring your family to **SHARE THE ADVENTURE** at Kendal Mountain Festival 2019!

For tickets & more information visit: kendalmountainfestival.com



"It is like watching my wildest dreams" Kasper, age 6



THE BASECAMP VILLAGE

FREE

Located in the grounds of the Brewery Arts Centre, our Basecamp Village is a **free to all**, visual experience of reclaimed wooden huts, prayer flags, bars & cafe's and outdoor brand demonstrations & competitions.

At the centre are the **Marmot & Columbia** Stages – where a programme of scheduled talks are delivered from Friday to Sunday – once again all for **FREE!** From talks from world renowned explorers to guides on how to get into outdoor activities – come and meet your heroes and be inspired and entertained with your family.



VOLVO PRESENTS THE FAMILY ADVENTURE FILM SESSIONS



FREE



On the Saturday and Sunday mornings in the Kendal Leisure Centre we will be hosting our **FREE Family Adventure Film Sessions**.

Come along with the family and be wowed and inspired by 90 minutes of mesmerising short films on the big screen and inspire your children for life with the world of outdoor adventure.

These sessions get fully booked up, so for more information & to claim your free tickets please visit our website: kendalmountainfestival.com



FREE

THE OPENING CEREMONY

Celebrate the start of the **Kendal Mountain Festival 2019** on Thursday 14 November with a welcome from Sir Chris Bonington.

Then join us on our very own **'Alpine Descent'** down Captain French Lane complete with flag waving, cow bells and a live band! Once we reach the Brewery Arts Centre join us to watch on the big screen our Festival trailer and a selection of some of this year's short films. All for **FREE** and suitable for families and anyone with a sense of adventure. Bring a headtorch!

Entertainment from 5pm outside the Riflemen Arms on Kendal's Fellside with the procession getting underway at 5.30pm. Films finished by 6.30pm.



FESTIVAL TRAIL RACE

Spot some of the Festival's top athletes racing against some of Cumbria's best fellrunners at the **adidas Terrex 10k Trail Run**.

With the streets closed off, the race starts in Kendal town centre at 11am on the Saturday morning. Come along to watch the start and finish, cheer on the runners and soak up the atmosphere!

If someone in the family enjoys running then sign up to race at: openadventure.com/kmf

Cover image: Moving On © Sam Walker/Puzzleglass

THE CHILDREN'S STORY CAMP AT KENDAL

SUPPORTED BY



We are delighted that as part of our Literature Festival, we will be welcoming the following authors of some of today's most popular adventure stories for children to Kendal. All events take place in the new Children's Story Camp in the Brewery Arts Centre.

THE LOST BOOK OF ADVENTURE TEDDY KEEN

10 – 11am | Saturday 16 November

Be transported by riveting adventure tales from around the globe, like surviving a Saharan dust storm to being woken by an intrepid emperor penguin in Antarctica.

KIDS FIGHT PLASTIC MARTIN DOREY

12 – 1pm | Saturday 16 November

We need superheroes to fight plastic and help save our oceans. Find out how you can become a #2minutesuperhero by completing 50 missions to fight plastic at home.

ASHA AND THE SPIRIT BIRD JASBINDER BILAN

1.45 – 2.45pm | Saturday 16 November

Asha lives in the foothills of the Himalayas, she misses her papa who works in the city. When he stops sending his wages Asha makes a pact with her best friend to find her father. But the journey is dangerous – they must cross the world's highest mountains. And yet, Asha has the unshakeable sense that the spirit bird of her grandmother will be watching over her.



EVEREST ALEXANDRA STEWART

3.30 – 4.30pm | Saturday 16 November

Everest tells the story of how Edmund Hillary and Tenzing Norgay made their mark on the world from birth right up to their final days and the impact they've had on Nepal today.

BOOK LAUNCH! FANTASTIC FEMALE ADVENTURERS LILY DDU

5 – 6pm | Saturday 16 November

Join Lily on awesome adventures with Anna McNuff, Sarah Outen, Misba Khan and more taking you from Everest to the South Pole and all the places in between.

SNOW LEOPARD: GREY GHOST OF THE MOUNTAIN JUSTIN ANDERSON

12.30 – 1.30pm | Sunday 17 November

A spellbinding new nature storybook about snow leopards by Planet Earth producer and first-time children's author Justin Anderson.

SPYLARK DANNY RURLANDER

2 – 3pm | Sunday 17 November

Ever since the accident, Tom's struggled to walk. But he has a secret escape: Skylark, his drone. Through this technology, he can fly above his Lake District home, exploring his world from a totally different perspective. But when he stumbles upon a terrorist plot, he must find a way to stop it...before it's too late.

TICKETS £5 / U16s £1

We are delighted to offer **£1 for children!** Tickets are limited so we advise to book early. To book visit: kendalmountainfestival.com



PROUD SPONSOR OF THE CHILDREN'S LITERATURE EVENTS



ADVENTURE IN THE HIGH TREES



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Pupils from Kirkbie Kendal School at the climate change strike



Extinction Rebellion activists

ACTIVISM THROUGH CREATIVITY

FREE

Friday 15 November | 4 - 5.30pm | Kendal Leisure Centre
Everyone welcome

With the Climate Movement taking place and receiving huge input from our young people, we believe it is vitally important as a Festival to step up, and empower and support these young Climate Activists. Therefore we are delivering a session addressing the 'theme of future hope' and how young people can creatively look at ways to have their voice heard.

Featuring local youth activists, Jemima Longcake and Mathew Cockram plus film directors and leading environmental groups, we will explore how collectively as a community we can work together to be effective climate activists.



TRICKS LIVE ON STAGE!



AWARD WINNING FILM COMPANY SALTSTREET PRESENTS SALT STREET VS KENDAL

Saturday 16 November | 11.45am – 1.15pm
Kendal Leisure Centre | £6 / U18s £4

After bringing the incredible Britain's Abandoned Playgrounds to Kendal Mountain Festival in 2017, Salt Street Productions are back!

For 2019 they will be bringing several athletes from their latest BBC series 'Versus', the TV series that sees sport against sport going head to head.

Live on stage we will have a BMX rider vs a Scooter rider to see who can perform the best tricks on the ramp. While a drone operator will bring the outside in with live footage on the big screen. Presented by the energetic Ed Birch, bring your family to be wowed and amazed and enjoy a bit of TV stardom in Kendal.



SCHOOL SESSIONS FREE

Friday 15 November | 9.30 – 11.30am & 12.30 – 2.30pm
Kendal Leisure Centre

We are delighted to continue to offer opportunities for local school children to be part of Kendal Mountain Festival.

Live on stage will be real life adventurers and explorers including; science presenter Huw James, adventurer and environmentalist Cal Major and *The Lost Adventurer* author, Teddy Keen. There will also be an exciting selection of adventure films to be enjoyed! A fun, engaging and interesting event for teachers and students alike!

"Thanks so much for inviting us today, it was great, what an experience for the students. Can we come again next year please!"

Tim, Kirbie Kendal School



KENDAL LIBRARY FREE

Alfred Wainwright's Mountain Guides Art Sessions are back again for families to take part. Explore how Alfred Wainwright produced his guidebooks and create your own illustrations too! These FREE 60 minute interactive sessions at Kendal Library were fully booked up in 2018!

Tickets are required and are available at kendalmountainfestival.com

PARENT & BABY FRIENDLY FILM SESSIONS

Friday 14 Nov 10 – 11am
Brewery Arts Centre Screen 2 | £4

Had a baby in the last 12 months? Don't want to miss this year's films? Then you will be happy to hear that back by popular demand we will be hosting a special screenings for parents with their babies in the Brewery Arts Centre Studio.

This is a chance for you to sit back and relax with the youngest members of the family in a friendly and welcoming environment while also enjoying some excellent adventure films.



"Took Mia to her first Kendal Mountain Festival experience. The films gave me a real itch to get back on the fells!"

Francesca



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