

Cumbria Local Safeguarding Children Board



This website is for children, parents and professionals covering all aspects of safeguarding.

CEOP Parent Pages



Click on this [link](#) to take you straight to the CEOP parent information pages. These pages are packed full of high quality information to parents and carers about their children's wellbeing and resilience...across a wide range of subject matter, from difficult topics about sex, relationships and the internet or body image and peer pressure to broader parenting topics like 'how much sleep do teenagers need?'

Government Website gives practical advice on protecting children from extremism and radicalisation



Click on this logo to take adults straight to the government information pages packed full of guidance hosted at: <http://educateagainsthate.com/>.

This website gives [parents](#), [teachers](#) and [school leaders](#) practical advice on protecting children from extremism and radicalisation.